

## Medical History Questionnaire

The purpose of this questionnaire is to help us understand your health status. Please complete this form and your therapist will answer any questions during your exam. This form is considered part of your medical record.

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Referring Provider and Clinic: \_\_\_\_\_

Primary Care Physician and Clinic: \_\_\_\_\_

What brings you in for physical therapy? \_\_\_\_\_

Have you had surgery for this ailment? Yes No

Type(s) and Date(s) of Surgery: \_\_\_\_\_

Pain (draw a vertical line where you would rate your pain intensity):

At Rest 0-----5-----10

At Worst 0-----5-----10

At Best 0-----5-----10

No Pain

Maximum Pain tolerable

My pain can be described as: (please circle all that apply)

Constant Intermittent Sharp Dull Aching Stabbing Numbness Pins/Needles

What makes your pain better? \_\_\_\_\_

What makes your pain worse? \_\_\_\_\_

Have you had any of the following care for **THIS** injury/episode? (please circle all that apply)

Chiropractor General Practitioner Occupational therapy Physical therapy  
Massage therapy Neurologist Orthopedist CT Scan EMG/NCV MRI  
Myelogram X-rays Emergency Room Care Podiatrist Naturopath Acupuncture

**Are you currently taking any prescription or non-prescription medications, vitamins, or herbs? Yes No**

**\*\*If you have a medication list please give a copy to the front desk. Thank you.\*\***

Please list all prescription and non-prescription medications, vitamins, or herbal medications

Name: \_\_\_\_\_ Dose: \_\_\_\_\_ Frequency: \_\_\_\_\_ Reason: \_\_\_\_\_

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Name: \_\_\_\_\_ Dose: \_\_\_\_\_ Frequency: \_\_\_\_\_ Reason: \_\_\_\_\_

**List additional medications on a separate sheet.**

Date of Last General Health Check-Up: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

**Surgical/Trauma History:** Please list type of surgery/trauma/accident, and month/year it occurred:

\_\_\_\_\_  
\_\_\_\_\_

**Do you now have, or have you ever had, any of the following? (C=current, P=past)**

|                               | <b>C</b> | <b>P</b> |                               | <b>C</b> | <b>P</b> |
|-------------------------------|----------|----------|-------------------------------|----------|----------|
| Allergies                     | ___      | ___      | Strokes/TIA                   | ___      | ___      |
| Anemia                        | ___      | ___      | Thyroid Disease/Goiter        | ___      | ___      |
| Anxiety                       | ___      | ___      | Tuberculosis                  | ___      | ___      |
| Arthritis/Swollen Joints      | ___      | ___      | Vision Problems               | ___      | ___      |
| Asthma                        | ___      | ___      | Hernia                        | ___      | ___      |
| Auto Immune Disorder          | ___      | ___      | Infectious Disease            | ___      | ___      |
| Cancer/Chemotherapy/Radiation | ___      | ___      | Gout                          | ___      | ___      |
| Cardiac Conditions            | ___      | ___      | Reiter's Syndrome             | ___      | ___      |
| Cardiac Pacemaker             | ___      | ___      | Sleeping Difficulty           | ___      | ___      |
| Chemical Dependency           | ___      | ___      | Numbness or Tingling          | ___      | ___      |
| Circulation Problems          | ___      | ___      | Weakness                      | ___      | ___      |
| Depression                    | ___      | ___      | Weight Gain/Loss              | ___      | ___      |
| Diabetes                      | ___      | ___      | Energy Loss                   | ___      | ___      |
| Dizzy Spells/Fainting         | ___      | ___      | Ehlers-Danlos Syndrome        | ___      | ___      |
| Emphysema/Bronchitis          | ___      | ___      | Chronic Fatigue Syndrome      | ___      | ___      |
| Fibromyalgia                  | ___      | ___      | Head/Neck Injury              | ___      | ___      |
| Fractures                     | ___      | ___      | Back Injury                   | ___      | ___      |
| Gallbladder Problems          | ___      | ___      | Shoulder Injury               | ___      | ___      |
| Frequent Headaches            | ___      | ___      | Elbow Injury                  | ___      | ___      |
| Hearing Impairment            | ___      | ___      | Wrist/Hand Injury             | ___      | ___      |
| Hepatitis                     | ___      | ___      | Hip/Leg Injury                | ___      | ___      |
| High Cholesterol              | ___      | ___      | Knee Injury                   | ___      | ___      |
| High/Low Blood Pressure       | ___      | ___      | Ankle/Foot Injury             | ___      | ___      |
| HIV/AIDS                      | ___      | ___      | Recreational Drug Use         | ___      | ___      |
| Incontinence/Bowel Problems   | ___      | ___      | Mental Health Treatment       | ___      | ___      |
| Kidney Problems               | ___      | ___      | <b>Latex/Tape Sensitivity</b> | Yes      | No       |
| Metal Implants                | ___      | ___      |                               |          |          |
| MRSA                          | ___      | ___      | <u>IF RELEVANT:</u>           |          |          |
| Multiple Sclerosis            | ___      | ___      | Pelvic Inflammatory Disease   | ___      | ___      |
| Muscular Disease              | ___      | ___      | Irregular Menstrual Cycle     | ___      | ___      |
| Osteoporosis                  | ___      | ___      | Endometriosis                 | ___      | ___      |
| Parkinson's                   | ___      | ___      | Complicated Pregnancies       | #        | ___      |
| Rheumatoid Arthritis          | ___      | ___      | Complicated Deliveries        | #        | ___      |
| Seizures/Epilepsy             | ___      | ___      | C-Section Deliveries          | #        | ___      |
| <b>Do You Smoke?</b>          | ___      | ___      | Vaginal Deliveries            | #        | ___      |
| Speech Problems               | ___      | ___      | <b>Are you pregnant?</b>      | Yes      | No       |

Have you had an injury as a result of a fall in the past year?      Yes      No  
 Have you had two or more falls in the last year?      Yes      No  
 Have you, or are you currently receiving physical, occupation, or speech therapy, or chiropractic services at any other office in this calendar year:      Yes      No

Please list any other conditions you have, or have ever had that are not listed above that you feel could be important to your care: \_\_\_\_\_

Patient Goals: What do you expect to get from treatment? \_\_\_\_\_

Patient/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_